

Alfredo Sauce

Serving Size: 6

1 tbsp	Butter
¼ cup	Gluten-free Flour
3 cup	Milk
1 tsp	Salt
½ tsp	Pepper
1 tsp	Garlic/Herb spice (Club House brand)
¾ cup	Grated Parmesan Cheese

- Melt butter and add flour; cook and stir for 1 minute.
- Whisk in milk, salt, pepper and garlic/herb spice.
- Bring mixture to a boil, whisking constantly.
- Reduce and simmer for 5 minutes, stirring occasionally.
- Toss with cheese and a pound of cooked gluten-free pasta.